

Support Organisations for Parents and Carers

The websites below offer support to parents and carers. Some provide information about self-harm, whilst others offer helplines and ongoing support options. We recommend that you spend some time looking through them. If you have any questions, please speak to the person who provided you with this document.

Charlie Waller

<https://www.charliewaller.org/place-parent-support>



Young Minds

www.youngminds.org.uk



Harmless

www.harmless.org.uk



Action for Children

www.parents.actionforchildren.org.uk



Stay Alive

www.stayalive.app



StayAlive

With You

www.wearewithyou.org.uk

withyou

Place2Be

www.place2be.org.uk



Papyrus

www.place2be.org.uk



PAPYRUS
PREVENTION OF YOUNG SUICIDE

SORTS

Supportive Response
To Self-harm

